

Robin May-Davis MD.

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• **TELEPSYCHIATRY PATIENT CONSENT FORM**

- In order to receive telepsychiatry services from Robin May-Davis Psychiatry, you must be a Texas resident and residing in Texas when virtually meeting.

Telepsychiatry is the delivery of psychiatric services using interactive audio and visual electronic systems between a provider and a patient that are not in the same physical location. These services may also include electronic videoconference and phone therapy and electronic prescribing, electronic treatment-plan updates, appointment scheduling, communication via email, and distribution of patient education materials.

The potential benefits of telepsychiatry are:

- Social distancing to protect from COVID19 or other infectious agents
- Continuity of care with your current provider
- Avoiding the need to travel to a psychiatrist.

The potential risks of telepsychiatry include, but are not limited to:

- A telepsychiatry session will not be exactly the same, and may not be as complete as a face-to-face service.
- There could be some technical problems (video quality, internet connection) that may affect the telepsychiatry session and affect the decision-making capability of the provider.
- The provider may not be able to provide for or arrange for emergency care that you may require.
- A lack of access to all the information that might be available in a face to face visit, but not in a telepsychiatry session, may result in errors in judgment.
- Delays in medical evaluation and treatment may occur due to deficiencies or failures of the equipment.
- Robin May-Davis Psychiatry utilizes software that meets the recommended standards to protect the privacy and security of the telepsychiatry sessions and a more secure email setting on her end. However, the service cannot guarantee total protection against hacking or tapping into the telepsychiatry session by outsiders or patient's emails with personal information. This risk is small, but it does exist.

Alternatives to the use of telepsychiatry:

- Traditional face-to-face sessions (not during this social distancing/health crisis)

I understand that I have the following rights with respect to telepsychiatry:

- I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment, although I may have to change providers.
- The laws that protect the confidentiality of my medical information also apply to telepsychiatry. As such, I understand that the information disclosed by me during the course of my treatment is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality. See privacy practices for more details.
- I understand that there are risks and consequences from telepsychiatry, including, but not limited to, the possibility, despite reasonable efforts on the part of my psychiatrist, that: the transmission of my medical information could be disrupted or distorted by technical failures; the transmission of my medical information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons.
- In addition, I understand that telepsychiatry based services and care may not be as complete as face-to-face services. I also understand that if my psychiatrist believes I would be better served by another form of psychiatric services (e.g. face-to-face services) I will be referred to a psychiatrist who can provide such services in my area if they are available. Finally, I understand that there are potential risks and benefits associated with any form of psychiatry, and that despite my efforts and the efforts of my psychiatrist, my condition may not improve, and in some cases may even get worse.
- I understand that I may benefit from telepsychiatry, but that results cannot be guaranteed or assured.
- I understand that I have a right to access my medical information and copies of medical records in accordance with Texas Law.

Patient's Responsibilities

I am required to identify where I am located for the time of the session.

I am required to be fully dressed for the session as I would for an appointment in the office.

I will not do my session in a moving vehicle, even as a passenger.

I will not record any telepsychiatry sessions without written consent from my provider. I understand that my provider will not record any of our telepsychiatry sessions without my written consent.

I will inform my provider if any other person can hear or see any part of our session before the session begins. The provider will inform me if any other person can hear or see any part of our session before the session begins.

I understand that I, not my provider, am responsible for the configuration of any electronic equipment used on my computer that is used for telepsychiatry. I understand that it is my responsibility to ensure the proper functioning of all electronic equipment before my session begins.

I understand that my psychiatrist determines whether or not the condition being diagnosed and/or treated is appropriate for a telepsychiatry encounter.

I understand that if the telepsychiatry session does not achieve everything that is needed, then I will be given a choice about what to do next, including considering a higher level of care.

Patient Consent To The Use of Telepsychiatry:

I hereby consent to engaging in telepsychiatry with Robin May-Davis Psychiatry as part of my psychiatric evaluation and treatment. I understand that "telepsychiatry" includes the practice of health care delivery, diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. I have read and understand the information provided above regarding telepsychiatry.

- Name of Patient
- Signature of Patient or Representative:
- Date: